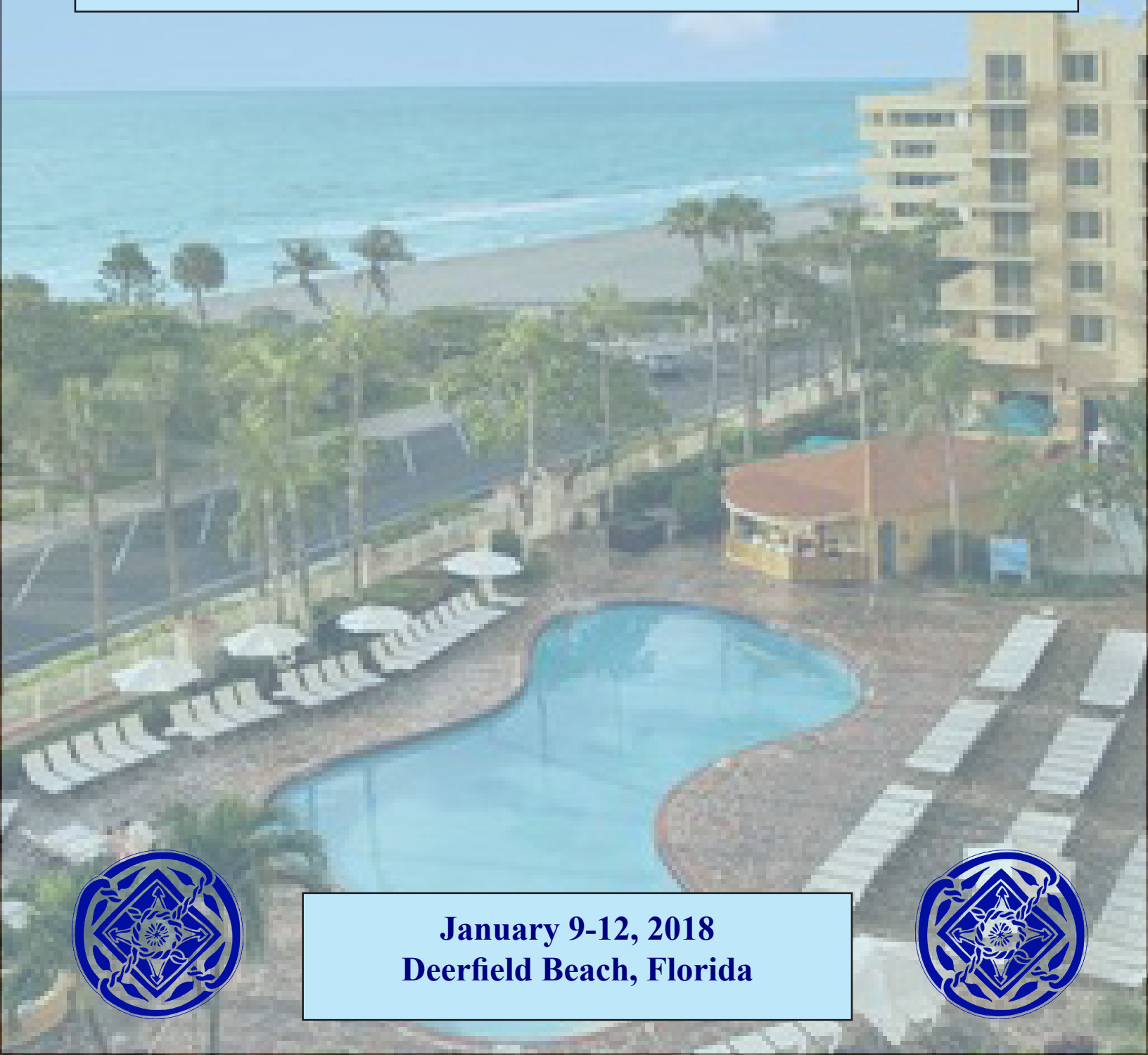


**Healthy Children Project, Inc. and the
University of Central Lancashire's Maternal and Infant Nutrition
and Nurture Unit (MAINN) Present**
***The 24th Annual International
Breastfeeding Conference &
Nutrition and Nurture in Infancy and Childhood:
Bio-Cultural Perspectives***



**January 9-12, 2018
Deerfield Beach, Florida**



24th Annual International Conference in Deerfield Beach, Florida

Who says continuing education has to be boring? Not us! Join us in sunny Deerfield Beach, Florida for a fun, educational, inspiring week that will not only give you continuing education credits, but is sure to be a great time! Meet new friends, connect with old friends, laugh, talk, discuss, learn, enjoy, all in one place with colleagues you admire, friends you enjoy, and faculty you respect. This conference is a great way to get continuing education credit and is sure to be exciting and fun (but you don't have to tell your boss that part).



This conference is really *your* conference. A chance for you to network and learn. This year's conference takes a new turn with our partnership with the University of Central Lancashire's Maternal and Infant Nutrition and Nurture Unit (MAINN). This year, joining the 24th International Conference with MAINN's Nutrition and Nurture in Infancy and Childhood: Bio-Cultural Perspectives Conference means bringing new and exciting content from even more international speakers and experts to ensure new, creative discussions about management and strategy options. Opportunities abound for care givers and researchers to interact with one another making it a rich, lively forum for learning and sharing ideas. The *2018 International Conference* in Deerfield Beach, Florida is indispensable for professionals working in the area of breastfeeding and human lactation. A true meeting of the minds that will convey new knowledge and crucial skills.

Should you attend? Only if you want the most up to date information delivered in a congenial, lively, and inspiring format. In the past, we have had participants that are physicians, nurses, nutritionists, research experts, public health providers, OTs, CLCs, IBCLCs, WIC staff, students, educators, doulas, midwives, anthropologists, and lactation care providers. Don't miss this year, it's sure to be the best one yet!

Conference Objectives

Participants will be able to:

- Describe current trends in clinical practice for those who care for breastfeeding mothers and babies.
- Describe research findings that impact clinical practice, program development, funding and policy in breastfeeding and human lactation.
- Describe current trends in promoting, supporting and/or protecting breastfeeding.
- Discuss research findings that expand knowledge regarding lactation.

Healthy Children Project, Inc. is an approved provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (ANCC)

Contact Hours: The Core Conference has been approved for 6 Contact Hours per day attended for RNs and CLCs, and IBCLCs will receive 6 L CERPs. The Pre-Conference Workshop has been approved for 6 Contact Hours for RNs and CLCs and 6 E CERPs for IBCLCs. Partial credit will not be given to participants who attend only part of any pre-conference workshops, special events or the core conference days. You will receive a Certificate of Completion, suitable for framing, at the end of the program.

Healthy Children Project, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP4931. Florida Provider Number FBN3373.

No alterations in the academic schedule are anticipated, but the right is reserved to amend the schedule if necessary.



The Conference hotel, **Embassy Suites by Hilton Deerfield Beach Resort & Spa** is one of the best Deerfield Beach hotels on Florida's Gold Coast. Located between Boca Raton and Ft. Lauderdale, enjoy two miles of Florida's white sand beaches, accessible from the walkway. Come to BT's Oceanfront restaurant for a free made-to-order breakfast--savor a custom omelet with coffee and ocean views. Enjoy a cocktail and snacks at the complimentary Evening Reception. Experience the tropical heated pool or wading in the Atlantic, just steps from the resort in Deerfield Beach. Relax with an aromatherapy bath or massage at Spa950. The 3,300 sq. ft. spa includes a full-service salon. This resort near Delray Beach is 18 miles from Ft. Lauderdale International Airport and 23 miles from Palm Beach International Airport.



Embassy Suites, Deerfield Beach

Please call the hotel directly to make your hotel reservations.

Be sure to mention that you are part of the "Healthy Children Conference" to access this special rate!

Group Name: Healthy Children Conference
Group Code: HCC
Hotel Name: Embassy Suites by Hilton Deerfield Beach
Hotel Address: 950 South Ocean Dr., Deerfield Beach, FL
Phone: 1-954-426-0478



Act fast!

Enjoy spacious two-room suites for \$239.00 USD/night (does not include tax/service charge)--there are a limited number of rooms reserved at our special discount rate. Once those rooms are gone, normal hotel rates will apply so don't miss out on this fantastic discount! Overnight rooms are not included in the conference fee.

Reduced rate is available if booked prior to December 7, 2017.

Roommate Assistance

Please call the Center for Breastfeeding at (508) 888-8044 if you need help in finding a roommate. We will keep a list of people who are looking for someone to share overnight expenses and will be happy to help you. However, we cannot guarantee a roommate.



Tuesday

January 9, 2018

Pre-Conference Intensive!

Pre-Conference Workshop: **Ethical Decision Making: Current Controversies in** **Breastfeeding**

Tuesday January 9, 2018

Registration: 8:30am-9:00am

Session: 9:00am-4:00pm (Lunch Included)

Cost: \$150 (\$160 after December 11, 2017)

RNs and CLCs: 6 Contact Hours, RDs: tbd, IBCLCs: 6E CERPS

Making ethical decisions requires the ability to make difficult choices between competing options. Join us for a thought-provoking presentation and discussion of the current hot topics in the world of breastfeeding: tongue-tie, shame, sleep, swaddling, access to care and more. Learn about critical aspects of ethical decision making--knowing what to do, and then doing it.

Karin Cadwell, PhD, RN, FAAN, ANLC, CLC, IBCLC

Anna Blair, PhD, IBCLC, CLC

Cindy Turner-Maffei, MA, ALC, IBCLC

Gill Thompson PhD, BSc (hons), MSc, FHEA

Linda J. Smith, MPH, FACCE, IBCLC, FILCA

Dennis Duty, Jr



Nightly Evening Reception

Join us every evening for complimentary hors d'oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).

Core Conference: Wednesday, Thursday and Friday January 10, 11, and 12, 2018

Take all three days or select just one or two! More flexibility to suit your needs and goals for this conference.

Core Conference Registration includes

- Conference syllabus with bibliographies and references.
- Admission to plenary sessions.
- Selection of concurrent sessions - you may choose at the conference.
- Opportunity to earn 18 contact hours during the Core Conference (6 hours per day).
- Buffet lunch during the Core Conference on Wednesday, Thursday and Friday.
- A chance to share your experiences and ideas with colleagues.
- Free entrance to the Learning Bazaar - Marketplace of Ideas.
- Opportunity to learn from speakers, poster presentations, and other participants.

Core Conference Registration

Each day of the Core Conference is **\$165 USD**. Or you can register for all three days and receive a significant savings of \$45. There is a \$25 per person charge to use a purchase order or to bill your agency. The early bird discount is not available when using a purchase order, unless the payment is received on or before December 11, 2017.

Babies and Children

Babies and children will not be admitted to the teaching rooms except for quiet, nursing babies under 6 months.

Cancellations and Substitutions

All refund requests must be made in writing and postmarked before December 11, 2017 and are subject to a \$50 processing fee. Between December 12, 2017 and January 4, 2018 you may find a substitute without penalty if you notify **The Center for Breastfeeding** in writing. Otherwise cancellation is subject to the full fee.

Please give us a call with any questions you may have! Our staff is available Monday - Friday, 9:00a.m. - 4:30p.m. Eastern Time at (508) 888-8044. Our 24 hour fax number is (508) 888-8050. You can email us at info@centerforbreastfeeding.org.

Or write to us at:

The Center for Breastfeeding
Healthy Children Project, Inc.
327 Quaker Meeting House Road
East Sandwich MA 02537 USA

Healthy Children Project, Inc. is defining the field of research based breastfeeding education and ethical, evidence-based breastfeeding practice. Healthy Children Project, Inc. is a non-profit 501(c)3 research and educational institution dedicated to improving child health outcomes through partnerships with public, private and non-profit agencies.

Through its **The Center for Breastfeeding**, Healthy Children Project, Inc. is the largest national provider of lactation management education for health care providers. More than 4,000 health providers, advocates and facilitators are educated annually through more than 100 offerings across the United States. These include five-day courses, certificate courses, workshops, seminars, self-study modules, national and international conferences.

Continuing education units are available to registered nurses, registered dietitians, certified lactation counselors, and internationally board certified lactation consultants through long-term provider agreements.

For more information about Healthy Children Project, Inc.'s Center for Breastfeeding, please visit us on the web at www.centerforbreastfeeding.org.



*Learning Bazaar Rules & Regulations

Any registered participant for The 2018 International Breastfeeding Conference in Deerfield Beach, Florida may request an exhibit table in the Learning Bazaar - Marketplace of Ideas. There is no additional charge to exhibit. Organizations and individuals must abide by the WHO International Code of Marketing of Breastmilk Substitutes. Arrangements must be made by December 12, 2017 in order to secure a table. Space is limited.

Special Event Thursday Night: Join Us for an Evening Dinner Cruise!

Climb aboard the *Lady Atlantic* for an evening boat cruise that's sure to be memorable!

You'll be whisked away to the embarking dock, and then it's off and away on the high seas for a relaxing evening. You'll enjoy an Italian-inspired buffet and open bar, surrounded by fellow conference attendees and speakers. Spend a few hours mingling, laughing, dining, and making new friends, out on the open water!

Cost per person is \$65.00 (price goes up to \$75.00 after December 11th) and space is limited, so register today!



Wednesday

January 10, 2018

7:30 am	Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]		
8:30am-9:30am	Opening Plenary: Where Are We Now?: Breastfeeding 360 Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Anna Blair, PhD, IBCLC, CLC		
9:45am-10:45am	Plenary: How Designs of Neonatal Units Influence the Way We Support Breastfeeding Renee Flacking, PhD, RN		
11:00am-12:00pm	Concurrent Workshops (choose one)		
	<p>Workshop 1 Translating Maternal and Infant Community Health Needs Into Evidence-Based, Patient-Centered Care Elizabeth Crabtree, PhD, MPH</p> <p>Workshop 2 Relactation Success Among Mothers of Formula-Fed Infants Who Received Lactation Education and Management at National Children's Hospital, Phillipines Joanne Datangel-Gallardo, MD, DPPS</p>		
12:00pm-1:00pm	LUNCH		
1:00pm - 4:00pm	Track 1	Track 2	Track 3
	Measuring Compliance with BFHI for Neonatal Wards Ragnhild Maastrup, RN, PhD, IBCLC	Epigenetic Nurturing Sylvia Metzger, MPH, MSN, FNP-C, IBCLC, LCCE	Impact of Antenatal Depressive Symptoms & Early Initiation of Breastfeeding on Exclusive Breastfeeding 6 Weeks Postpartum Karin Cato, RNM
	Prolonged CPAP Treatment in the Delivery Room Helle Haslund, PhD, MSA, RN	Breastfeeding and Breast Cancer Prevention: Who's Saying What and Who Isn't Kristin Stewart, BS, CLC	Effects of Delayed Newborn Bathing on Breastfeeding Rates, Hypoglycemia, and Hypothermia Susan Warren, BSc
	Breastfeeding Duration in Preterm Infants & the Effects of a Proactive Telephone Support Jenny Ericson, MSc	WBTi in the United States and Territories: How Does Your State Stack Up? Healthy Children	Infants' Latch and Sucking Patterns and Maternal Perception Ruth Lucas, PhD, RNC, CLS
	Psychosocial Support to Parents Whose Infants Need Neonatal Care Renee Flacking, PhD, RN	Hitting a Brick Wall: Australian Efforts to Increase Breastfeeding Duration and Why They May Not Be Working Virginia Schmied, PhD, RN	Factors that Influence Exclusive Breastfeeding Practices in post BFHI era in Masaya, Nicaragua Aleisha Nabower, MD
4:00pm-4:15pm	Afternoon Break: Learning Bazaar Open		
4:15pm-5:00pm	Plenary: Food Before One is Not Just For Fun Cindy Turner-Maffei, MA, ALC, IBCLC		

Nightly Evening Reception

Join us every evening for complimentary hors d'oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).

Thursday

January 11, 2018

7:30 am-8:30am	Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests] Poster Presentation Session		
8:30am-9:30am	Plenary: WHO/Unicef Baby-Friendly Hospital Initiative: 25 Years On Fiona Dykes, PhD, MA, RM, ADM, FHEA		
9:45am-10:45am	Plenary: Skin to Skin in the First Hour: Where? Why? How? Kajsa Brimdyr, PhD, CLC		
11:00am-12:00pm	Concurrent Workshops (choose one)		
	Workshop 1 Resilience, Self-Efficacy, Self-Confidence, and Breastfeeding Outcomes Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Anna Blair, PhD, IBCLC, CLC Workshop 2 Connecting with the Wise Women - A Grandmother's Tea Barbara O'Connor, RN, BSN, IBCLC, ANLC		
12:00pm-1:00pm	LUNCH		
1:00pm - 4:00pm	Track 1	Track 2	Track 3
	Examining the Environmental Impact of Not Breastfeeding Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Anna Blair, PhD, IBCLC, CLC; Cindy Turner-Maffei, MA, ALC, IBCLC	Minimalist Early Intervention for Increasing Exclusive BFing at 6 Weeks Jimi Francis, PhD, MS, IBCLC, RLC, RDN, LD	Barriers to Breastfeeding in Appalachia Stephanie Carroll, BS, IBCLC, CLC, CLS
	Growing Green Families Donna Walls, RN, BSN, ICCE, IBCLC, ANLC	Efficacy of Community Based First 1000 Days Initiative Across Two Urban Sites of Mumbai Piyasree Mukherjee, MSW	Engagement with the Health Inequalities Agenda: How Have UK Third Sector Breastfeeding Support Organizations Developed Their Services for Delivery in Areas of Socio-Economic Deprivation? Louise Hunt, BSc, MSc
	Ethics, Ethnography, and Ethanol: Cross-Cultural Lifestyle Concerns and Considerations Involving Donor Human Milk Banking Across the UK and Europe Tanya Cassidy, PhD, AM, MA	"Chocolate Milk: The Documentary" - Sneak Preview "A frank look at breastfeeding and the lucrative business of feeding black babies."	Indigenous Doula Program Impacts Breastfeeding Rates in Northern Minnesota Tribe Rebekah Dunlap, RN, BSN, PHN
	Putting Relationships at the Centre of the BFHI: UK Approach Fiona Dykes, PhD, MA, RM, ADM, FHEA	Community Building Through Breastfeeding Support Jada Wright Nichols, OTR/L, IBCLC, MS	Exploring Infant Feeding Decisions in a Different Cohorts of Formula Feeding Women Vicky Fallon, BSc, PhD
4:00pm-4:15pm	Afternoon Break: Learning Bazaar Open		
4:15pm-5:00pm	Plenary: Cinderella's Dream: Redesigning In-Hospital and Community-Based Postnatal Care to Improve Breastfeeding Outcomes for Mothers & Babies Virginia Schmied, PhD, RN		

Special Evening Event!

Enjoy a evening at sea, dining on delicious Italian food with an open bar--all the while chatting and socializing with your fellow attendees out on the open water. Join us!
(Please note, separate cost and registration applies.)

Friday

January 12, 2018

7:30 am	Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]		
8:30am-9:30am	Plenary: Birth Trauma and Its Impact on the Postnatal Journey Gill Thomson, PhD, BSc (hons), MSc, FHEA		
9:45am-10:45am	Plenary: Culture, Trauma, and Parenting: How It Is All Connected Camie Goldhammer, MSW, LICSW, IBCLC		
11:00am-12:00pm	Concurrent Workshops (choose one)		
	<p>Workshop 1 Writing BFHI Policy Barbara O'Connor, RN, BSN, IBCLC, ANLC; Carin Richter, RN, MSN, APN-BC, IBCLC, CCBE; Liz Westwater, MSM CLC</p> <p>Workshop 2 Implementing Skin to Skin in the O.R. Kajsa Brimdyr, PhD, CLC; Jeni Stevens, RN, RM, IBCLC</p>		
12:00pm-1:00pm	LUNCH		
1:00pm - 4:00pm	Track 1	Track 2	Track 3
	Supporting the Peer Supporter Gill Thomson, PhD, BSc (hons), MSc, FHEA	How EFT, Tapping Meridian Points, Can Help Breastfeeding Moms Cathy Holland, BS, RN, IBCLC	Women in Shelters: Developing Policy and Practice Nikki Lee, RN, MS, IBCLC, ANLC
	Healthcare Practitioners' Confidence and Self-Efficacy in Providing Breastfeeding/Breast-milk Feeding Support to Fathers: A Grounded Theory Study Maxine Wallis-Redworth, MSc, RM, IBCLC	Who Owns the Baby? Skin-to-Skin Contact After a Caesarean Section Jeni Stevens, RN, RM, IBCLC	An Evidence-Based Approach to Ethnic Disparities in Breastfeeding Anamaria Ross, PhD, MPH, CLC
	Mothers' Experiences of a Drop in Breastfeeding Support Louise Duursma, RN, IBCLC	Caesarean Doulas: Implications for Breastfeeding Emily Clark, MA, CLC, CPD	Navigating Breastfeeding in Young Mothers Aging Out of Foster/Adoptive Care Jean Hutson, MA, RN, IBCLC
	Breastfeeding Peer Support on Social Networking Sites Nicole Bridges, B. Comm (Hons)	Nipple Shields and the Duration of Exclusive Breastfeeding Ragnhild Maastrup, RN, PhD, IBCLC	Supporting Overweight and Obese Women to Breastfeed Using Experience-Based Co-Design: Women's Experiences and Perspectives Yan-Shing Chang, PhD
4:00pm-4:15pm	Afternoon Break: Learning Bazaar Open; Duck out for Ducks! Milk Duck Race		
4:15pm-5:00pm	Closing Plenary: Unique and Surprising Findings about Maternal Child Health Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Cindy Turner-Maffei, MA, ALC, IBCLC		

Nightly Evening Reception

Join us every evening for complimentary hors d'oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).

Conference Faculty

Anna Blair, PhD, IBCLC, CLC

Dr. Anna Blair has conducted research on sore nipples and positioning/latch, and has solidified the premise that the two are intricately related. She counsels breastfeeding mothers on Cape Cod, is a co-author of many research articles and publications including *Maternal Infant Assessment for Breastfeeding and Human Lactation* and *100 Questions & Answers about Breastfeeding*.

Nicole Bridges, B. Comm.

Nicole Bridges is a full-time lecturer in public relations and is also a part time PhD candidate at Western Sydney University, researching online social networking and breastfeeding support. She has over 20 years experience in the retail marketing and public relations field. Nicole holds a Certificate IV in Breastfeeding Education (Counselling and Community), plus a Certificate IV in Training and Education. She has also been a volunteer peer breastfeeding counsellor and community educator for the Australian Breastfeeding Association since 2000. Nicole was also recently announced as the winner of the Mary Paton Research Award 2015.

Kajsa Brimdyr, PhD, CLC

Dr. Kajsa Brimdyr is an experienced ethnographer, researcher and international expert in the implementation of continuous, uninterrupted skin to skin in the first hour after birth. She is the award winning director of *The Magical Hour: Holding Your Baby Skin to Skin the First Hour After Birth*, produced with Ann-Marie Widström and Kristin Svensson, and together the three also created and produced the groundbreaking DVD *Skin to Skin in the First Hour after Birth: Practical Advice for Staff after Vaginal and Cesarean Birth*.

Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC

Dr. Karin Cadwell is an internationally recognized leader in the field of breastfeeding and human lactation. She is a delegate to the US Breastfeeding Committee and convener of the US UNICEF/WHO implementation of the Baby Friendly Hospital Initiative, Baby Friendly USA. She is the lead faculty at Healthy Children Project, Inc., a lactation consultant at the Center for Breastfeeding and the author of numerous books and articles.

Stephanie Carroll, BS, IBCLC, CLC, CLS

Stephanie Carroll lives in Ohio where she enjoys being a single mom to her girls. In May 2016, Stephanie and her coworkers thought up the idea of Appalachian Breastfeeding Network. In just one year, the network grew to 11 states and 250 members. Stephanie received an award in March 2017 at Ohio Lactation Consultant Association's Annual "Breastfest" Conference as an "Outstanding Innovation as a Cultural Change Agent."

Tanya Cassidy, PhD, AM, MA, BA

Dr. Tanya Cassidy is a senior EU Horizon 2020 Marie Skłodowska Curie Fellow at the University of Central Lancashire in the School of Community Health and Midwifery. Born in Canada, she received her doctorate in Sociology from the University of Chicago. She has lectured in methods, theory, gender, family, and health related issues in Sociology/Anthropology in the USA, Ireland, England, and Canada, and continues to be an Affiliated Researcher at Maynooth University in Ireland.

Karin Cato, RNM

Yan-Shing Chang, BA, MPhil, PhD

Dr. Yan-Shing Chang is a lecturer at the Florence Nightingale Faculty of Nursing and Midwifery, King's College London. She completed her Masters and PhD degrees at Queens' College, Cambridge and also worked on the Cambridge Review of Primary Education in England.

Emily Clark, MA, CLC, CD (DONA), CPD

Emily Clark has been providing birth, postpartum, and lactation care to families for more than a decade. She has worked in both hospital settings and in-home care, as a certified doula and lactation counselor. Emily is active in humanitarian efforts to improve maternal child health, and has volunteered her time as a lactation educator in rural Spain, and with Nurture Project International, working in the refugee camps of Thessaloniki, Greece.

Elizabeth Crabtree, PhD, MPH

Dr. Elizabeth Crabtree is the Director of Clinical Integration and Evidence-Based Practice at Oregon Health and Science University. Prior to joining OHSU, she worked at both the Medical University of South Carolina and Texas Children's Hospital. Dr. Crabtree possesses over 8 years of experience leading interprofessional clinical teams to develop and implement evidence-based plans of care.

Joanne Datangel-Gallardo, MD, DPPS

Dr. Joanne Datangel-Gallardo is a pediatrician serving mostly poor patients at National Children's Hospital, Philippines. Her heart and passion are mainly to serve the underprivileged and empower them with regards to breastfeeding, nutrition and healthcare in order to avoid infant and child mortality in her country. She is a mother of 2, with the youngest still breastfeeding at 18 months old.

Conference Faculty

Rebekah Dunlap, RN, BSN, PHN

Rebekah Dunlap is an enrolled member of the Lake Superior Band of Ojibwe. Her career consists of nursing, birth work, and reproductive health education. She is an advocate, community leader and International speaker. Her passions lie in revitalizing traditional Indigenous birthing practices and integrating them back into Native American communities.

Dennis Duty, Jr.

Dennis Duty, Jr. is an experienced marketer and communicator. He has worked advertising campaigns for clients like TIAA-CREF, The Bill and Melinda Gates Foundation, Showtime, Cadillac, (RED), and others. Dennis is now community leader for ALPP's Community of Practice, lending his communication expertise to CLCs across the globe.

Louise Duursma, RN, IBCLC

For the past 20 years, Louise Duursma has been a volunteer Australian Breastfeeding Association Counsellor, where she has supported mothers in her community. She teaches lactation and counselling workshops for health professionals and is a guest lecturer at the University of Western Sydney.

Fiona Dykes, PhD, MA, RM, ADM, FHEA

Dr. Fiona Dykes is professor of Maternal and Infant Health and leads the MAINN School of Community Health and Midwifery at the University of Central Lancashire that she established in 2000. She is the author of over 100 peer-reviewed publications and joint editor of several books, including *Ethnographic Research in Maternal and Child Health* (Routledge).

Jenny Ericson, MSc

Jenny Ericson is a specialist nurse in pediatric nursing. She holds a master's degree in nursing science and is a PhD-student at Uppsala University. Her PhD-project is entitled "Breastfeeding and Breastfeeding Support in Mothers of Preterm Infants."

Vicky Fallon, BSc, PhD, FHEA

Dr. Vicky Fallon is a Lecturer in the School of Psychology at the University of Liverpool. She is affiliated with the Appetite and Obesity research group in the Department of Psychological Sciences and holds a doctorate in Psychology. Her research interests concern perinatal mental health and early infant development, in particular infant nutrition. Her PhD examined maternal anxiety and infant feeding from pregnancy to parenthood.

Renee Flacking, PhD, RN

Dr. Renée Flacking is Associate Professor and the leader for Reproductive, Infant and Child Health (RICH) at the School of Education, Health and Social Studies, Dalarna University, Sweden. Renée has a background as a Paediatric Nurse, having worked in a Neonatal Care Unit for more than 10 years. Renée's main research interest is in the area of parenting and feeding in families with preterm infants focusing on emotional, relational and socio-cultural influences.

Jimi Francis, PhD, IBCLC, LC, RDN, LD

Dr. Jimi Francis completed a Master of Science degree at the University of Nevada, Reno with a focus on infant nutrition and then completed her Doctoral degree in Nutrition at the University of California, Davis with professor Dr. K. G. Dewey. Dr. Francis is an Assistant Professor at the University of Texas at Tyler in the Department of Health and Kinesiology and believes that research is most valuable when it translates from the "bench" to the "clinic" to life practices.

Camie Goldhammer, MSW, LICSW, IBCLC

Camie Goldhammer (Sisseton-Wahpeton) received her Master of Social Work degree from the University of Washington in 2006, specializing in Maternal Mood Disorders and the affects of complex/Intergenerational trauma on attachment, bonding and the parenting practices of Native families. Camie is the founder and chair of the Native American Breastfeeding Coalition of Washington and also a founding mother and President Elect of the newly formed National Association of Professional and Peer Lactation Supporters of Color.

Rebecca Habing, RN, IBCLC

Rebecca Habing has been a Registered Nurse working with mothers and babies since 2008, and an IBCLC since 2011. She is fascinated by the interconnections of mothers and their babies, and is passionate about studying ways to improve the chances for breastfeeding success in the hospital setting.

Helle Haslund, PhD, MSA, RN

Dr. Helle Haslund's clinical background is in neonatal nursing. Her introduction to research started with a masters in Anthropology of Health in 2007, followed by an anthropological PhD where she studied how parenthood is established after late preterm birth. She works full time as a clinical researcher at Aalborg University Hospital, where she is an extern lecturer at the faculty of health.

Cathy Holland, RN, BS, IBCLC, FACCE

Cathy Holland has been learning and studying ways to create balance and ease and make the motherhood journey one of joy and peace for her entire nursing career. Sharing what she has learned with others is her great joy in life.

Conference Faculty

Louise Hunt, BSc, MSc

Louise Hunt is a research student studying for a PhD at the MAINN unit, UCLan where she undertook her MSc by research in 2014. Originally a Nurse, in the past Louise has worked in both a paid and voluntary capacity in a small third sector breastfeeding peer support organisation in Cornwall, South West England.

Jean Hutson, RN, IBCLC, BS, MA

Jean Hutson received her Bachelor's at Union Institute & University and became a IBCLC, choosing to return to the workplace with a focus on Maternal Child health. Alongside her current job with Optum Health, focused on prevention services to high risk pregnant women, she continued her graduate studies at Union and completed her MA in the Health & Wellness program in the spring of 2017.

Nikki Lee, RN, MSN, IBCLC, ANLC, CIMI, CCE, CKC

Nikki Lee has been active in maternal-infant care since 1975. She integrates theory/concepts from childbirth education, lactation consulting, craniosacral therapy and infant massage in her work. She has an active private practice, and is a published author.

Ruth Lucas, PhD, RNC, CLS

Dr. Ruth Lucas is a maternal-infant health nurse researcher with a focus on infant breastfeeding behaviors. She received her Bachelor of Nursing from George Mason University (1986) and spent 20 years at the bedside supporting mothers and infants initiate breastfeeding. She attended the University of Illinois at Chicago for her Master (2009) and Doctor of Philosophy of Science (2011) degrees.

Ragnhild Maastrup, RN, PhD, IBCLC

Dr. Ragnhild Maastrup is a clinical nurse researcher in the NICU and leader of Knowledge Centre for Breastfeeding Infants with special needs at Rigshospitalet, Copenhagen. The doctoral thesis from 2014 was entitled "Breastfeeding of preterm infants – Associated factors in infants, mothers and clinical practice".

Sylvia Metzger, MPH, MSN, FNP-C, IBCLC, LCCE

Sylvia Metzger is a clinical instructor for maternal-child health nursing at the University of Colorado Colorado Springs, and a lactation consultant providing patient care and staff training for the BFHI. As a New Parent Support Program manager in Germany, she also enjoyed providing intensive home visits to military families aimed at mitigating the risk of child abuse. Imbued with a passion for teaching and evidence-based clinical practices, she applies key biological concepts to clinical practices and education to promote optimal maternal-child health outcomes.

Piyasree Mukherjee, MSW

Piyasree Mukherjee is the present CEO at Foundation for Mother and Child Health India and holds a Master's in Social Work from Tata Institute of Social Sciences (TISS). After completing her degree, Piya went on to work across the country with various grassroots organizations.; she is passionate about working with children and has done so in various capacities for the past 15 years.

Aleisha Nabower, MD

Aleisha Nabower is a 3rd year pediatric resident at the University of Nebraska Medical Center in Omaha. Her research interests include post-partum depression in the mothers of infants in the NICU, and global health as it is related to newborn health.

Barbara O'Connor, RN, BSN, IBCLC, ANLC

Barbara O'Connor has worked in a variety of settings as a newborn nursery nurse, school nurse, HIV/AIDS educator, WIC coordinator, and training consultant. Barbara was a member of the first International People to People Breastfeeding and Human Lactation Delegation to Russia, Romania, and Cuba, and has taught lactation courses to physicians in Latvia and Egypt. She is an author of Maternal & Infant Assessment for Breastfeeding and Human Lactation, 2nd Edition.

Carin Richter, RN, MSN, APN-BC, IBCLC, CCBE

Carin Richter has worked with mothers and babies in the acute care setting for 27 years; 17 as the clinical nurse specialist in charge of staff education, and special projects and as maternal/child nurse/ physician liaison. Carin developed a nurse run postpartum care follow-up clinic specializing in the assessment and support of the postpartum mother/baby couplet. The clinic focuses on breastfeeding issues, as well as screening for newborn jaundice, and maternal postpartum depression.

Anamaria Ross, PhD, MPH, CLC

Dr. Anamaria V. Iosif Ross is a faculty mentor in the Community and Human Services division at SUNY Empire State College @Utica. She earned her PhD in medical anthropology from Tulane University (2003), a Graduate Certificate in Health Service Management and Policy from the Maxwell School (2014), and the MPH from the CNYMPH Program of Upstate Medical University and Syracuse University.

Virginia Schmied, PhD, MA(hons), MA, RN, RM

Dr. Virginia Schmied is Professor of Midwifery and Director of Research at Western Sydney University and she holds a Visiting Professorship at University of Central Lancashire (UK). Her research focuses on transition to motherhood, perinatal mental health, postnatal care, breastfeeding and infant feeding decisions, with a strong focus on the organisation of healthcare, workplace culture and the facilitators and barriers to the delivery of high quality maternity and child health care.

Conference Faculty

Linda Smith, MPH, FACCE, IBCLC, FILCA

Linda J. Smith is a lactation consultant, childbirth educator, author, and internationally-known consultant on breastfeeding and birthing issues. Linda is a consultant to INFACT Canada/IBFAN North America. Linda attended an International Code Training Workshop in June 2013 and chairs ILCA's International Code Expert Panel. Linda holds a Masters Degree in Public Health and is an Adjunct Instructor at the Boonshoft School of Medicine at Wright State University in Dayton, Ohio.

Jeni Stevens, IBCLC, RN, RM

Jeni Stevens is a PhD candidate from the University of Western Sydney. Jeni is a mum of four boys, a Registered Nurse and Midwife who has worked in Sydney Hospitals since 2007. Two years ago she became a lactation consultant, and has a passion in educating people about breastfeeding. She has previously completed research which focused on midwives and doulas perspectives of the role of a doula.

Kristin Stewart, BS, CLC

Kristin Stewart has been teaching the art of communication for over 20 years with an expertise in non-verbal communication. She received her Bachelors of Science degree from Brown University in Political Science and has had a long and varied career involving travel, performance, and teaching. Recent projects include the research of popular culture surrounding birth and breastfeeding and its impact on adolescent women and discourse analysis of breastfeeding in popular culture for the past 2 decades.

Gill Thomson, PhD, BSc (hons), MSc, FHEA

Dr. Gill Thomson is a Senior Research Fellow working in the Maternal and Infant Nutrition and Nurture Unit at the University of Central Lancashire, UK. Gill has a psychology academic background and has worked within the public, private and voluntary sector. Over the last 20 years she has been involved in a number of research/evaluation based projects funded by various Primary Care Trusts, Department of Health and the National Institute of Health Research to explore psychosocial influences and experiences towards maternity services, infant feeding issues and support services.

Cindy Turner-Maffei, MA, ALC, IBCLC

Cindy Turner-Maffei is a lead faculty member and lactation consultant at the Center for Breastfeeding. She served as National Coordinator of Baby-Friendly USA, Inc. for 14 years. Cindy has extensive experience as a nutritionist and breastfeeding educator in WIC and other Maternal Child Health programs. Cindy is an author, co-author, and editor of several articles and books, including her favorite, *Case Studies in Breastfeeding: Problem-Solving Skills & Strategies*.

Maxine Wallis-Redworth, BSc, MSc, RM, IBCLC

Maxine Wallis-Redworth is a midwife and is the Course Leader for the three year BSc (Hons) Midwifery course at Anglia Ruskin University in Cambridge, England. As part of her educator role she also undertakes clinical work in a breastfeeding clinic in Cambridge. Maxine is currently enrolled on the part-time Professional Doctorate in Health programme at the University of Central Lancashire, England where she is studying health care practitioners confidence and self-efficacy in providing breastfeeding and breast-milk feeding support to fathers using a grounded theory approach.

Donna Walls, RN, BSN, ICCE, IBCLC, ANLC

Donna Walls became a RN in 1972, and has worked with pregnant and new parents since 1974. She became a Certified Childbirth Educator in 1984, is currently serving as Director of Lactation on the Board for the International Childbirth Education Association. She became a CLC in 1987 and an ANLC in 2012, and continues as faculty for the Healthy Children Project. She published her first book "Natural Families- Healthy Homes" in 2007 and published her second book "Growing Green Families" in 2016.

Susan Warren, BSc

Susan Warren is a masters student in the program of Clinical Epidemiology at Memorial University of Newfoundland, School of Medicine. She is a member of the Breastfeeding Research Working Group of the Baby Friendly Council of Newfoundland and Labrador. Their goal is to provide research support for policies and practices that protect, promote, and support breastfeeding in their province.

Liz Westwater, MSM, CLC

Liz Westwater has been in the world of breastfeeding advocacy and women's health for over thirty years. Prior to joining Healthy Children Project, Inc. faculty, Liz was the Accreditation Director for Baby-Friendly USA. During her tenure at BFUSA Liz worked on several nationwide programs, including the CPPW and Best-Fed Beginnings, where her work included assisting hospitals and communities to improve breastfeeding outcomes by implementing maternity care practice changes.

Jada Wright Nichols, OTR/L, IBCLC, MS

Jada Wright Nichols is a health and wellness consultant and educator. She graduated from Tennessee State University, where she studied speech pathology and audiology, and then went on to Nova Southeastern University to study occupational therapy. She is the owner of Blossom Health and Maternal Wellness, providing nutrition, lactation, and doula support to new and expectant mothers, as well as a founding member of BSTARS: Breastfeeding Sisters That Are Receiving Support.

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